

“Climb the mountains and get their good tidings. Nature’s peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves”.

John Muir, 1898

“Thousands of tired, nerve shaken, over-civilised people are beginning to find out that going to the mountains is going home”.

John Muir, 1898

“When we try to pick out anything by itself, we find it hitched to everything else in the universe”.

John Muir, 1869

“I only went out for a walk, and finally, concluded to stay out till sundown, for going out, I found, was really going in.”

John Muir, 1913

*“Only by going alone in silence,
without baggage, can one truly get
into the heart of the wilderness. All
other travel is mere dust and hotels
and baggage and chatter...”*

John Muir, 1902

“Most people are on the world, not in it – have no conscious sympathy or relationship to anything about them – undiffused, separate, and rigidly alone like marbles of polished stone, touching but separate.”

John Muir, 1868